

Church of the Ascension

February 21, 2021

The Rev. Heather Wenrick, Rector
Diane Lemcio, Music Director
2330 Viewmont Way W
Seattle, WA 98199
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First Sunday in Lent

Episcopal Church of the Ascension



Follow Christ + Develop and Deepen Faith + Love and Serve

Church of the Ascension Seattle rests on the traditional homelands of the Duwamish people. We acknowledge the ancestors of this place and understand that we are here because of the sacrifices forced upon them. By recognizing these communities, we honor their legacy, their lives, and their descendants.

Prelude I Call to Thee, Lord Jesus Christ - music: J. S. Bach, text: Miles Coverdale

I call to thee, Lord Jesus Christ, I have none other help but thee. My heart is never set at rest till thy sweet word have comforted me. And steadfast faith grant me therefore, to hold by thy word evermore; above all things, never resisting but to increase in faith more and more.

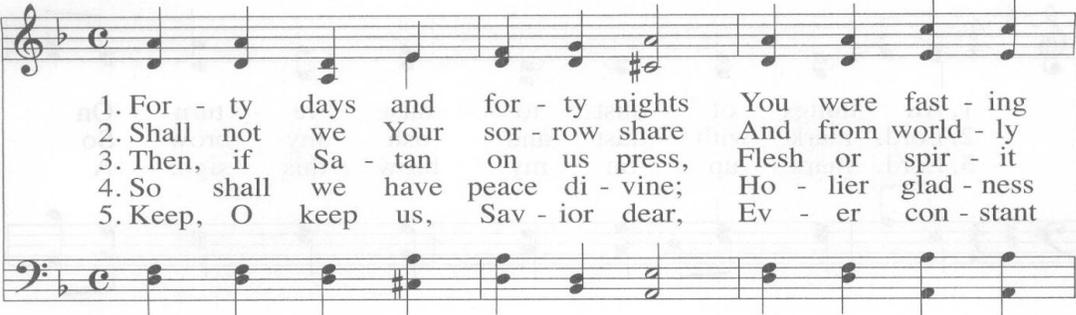
Welcome to Ascension!

Connection: Realm Log in, locate Online Directory and donation page

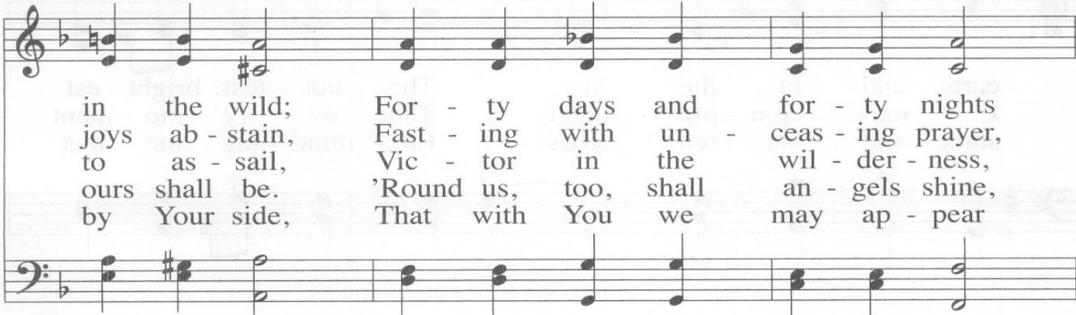
Lenten Series: 5 Baptismal Promises begins this week, Wednesdays 7-8:30pm via Zoom link

Please stand when the bell is rung, signaling the beginning of worship.

Opening Hymn #150 Forty Days and Forty Nights, vv. 1, 2, 5



1. For - ty days and for - ty nights You were fast - ing
2. Shall not we Your sor - row share And from world - ly
3. Then, if Sa - tan on us press, Flesh or spir - it
4. So shall we have peace di - vine; Ho - lier glad - ness
5. Keep, O keep us, Sav - ior dear, Ev - er con - stant



in the wild; For - ty days and for - ty nights
joys ab - stain, Fast - ing with un - ceas - ing prayer,
to as - sail, Vic - tor in the wil - der - ness,
ours shall be. 'Round us, too, shall an - gels shine,
by Your side, That with You we may ap - pear



Temp - ed, and yet un - de - filed.
Strong with You to suf - fer pain?
Grant we may not faint nor fail!
Such as served You faith - ful - ly.
At the e - ter - nal East - er - tide.

A Penitential Order: Rite II

Presider Bless the Lord who forgives all our sins.

People **God's mercy endures for ever.**

Jesus said, "The first commandment is this: Hear, O Israel: The Lord your God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no commandment greater than these."

Mark 12:29-31

The Confession of Sin

Presider Let us confess our sins against God and our neighbor.

People **Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.**

Presider Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

Kyrie

Cantor: Lord, have mercy. All: Lord, have mercy.
Cantor: Christ have mercy. All: Christ, have mercy.
Cantor: Lord, have mercy. All: Lord, have mercy.

(from Litany of the Saints, adapted by Richard Proulx)

Collect of the Day

Presider The Lord be with you.

People **And also with you.**

Presider Let us pray.

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

The Liturgy of the Word

All are seated for the reading.

First Reading:

1 Peter 3:18-22

Christ also suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God. He was put to death in the flesh, but made alive in the spirit, in which also he went and made a proclamation to the spirits in prison, who in former times did not obey, when God waited patiently in the days of Noah, during the building of the ark, in which a few, that is, eight persons, were saved through water. And baptism, which this prefigured, now saves you-- not as a removal of dirt from the body, but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, who has gone into heaven and is at the right hand of God, with angels, authorities, and powers made subject to him.

Reader Hear what the Spirit is saying to God's people.

People **Thanks be to God.**

The Psalm is read responsively.

Psalm 25:1-9

To you, O Lord, I lift up my soul;
my God, I put my trust in you; *
let me not be humiliated,
nor let my enemies triumph over me.

Let none who look to you be put to shame; *

let the treacherous be disappointed in their schemes.

Show me your ways, O Lord, *
and teach me your paths.

Lead me in your truth and teach me, *

for you are the God of my salvation;

in you have I trusted all the day long.

Remember, O Lord, your compassion and love, *
for they are from everlasting.

Remember not the sins of my youth and my transgressions; *

remember me according to your love

and for the sake of your goodness, O Lord.

Gracious and upright is the Lord; *
therefore he teaches sinners in his way.

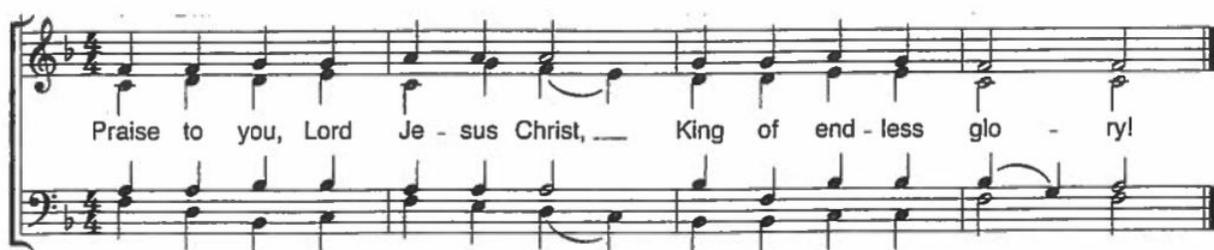
**He guides the humble in doing right *
and teaches his way to the lowly.**

All the paths of the Lord are love and faithfulness *
to those who keep his covenant and his testimonies.

**Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is
now, and will be forever. Amen.**

All stand for the Gospel reading.

Gospel Acclamation music by Owen Alstott, from Respond and Acclaim



The Holy Gospel:

Mark 1:9-15

Officiant The Holy Gospel of our Lord Jesus Christ according to Mark.

People **Glory to you, Lord Christ.**

In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. And a voice came from heaven, "You are my Son, the Beloved; with you I am well pleased."

And the Spirit immediately drove him out into the wilderness. He was in the wilderness forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him. Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, "The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news."

Presider The Gospel of the Lord

People **Praise to you, Lord Christ.**

Gospel Acclamation



All are seated for the preaching,

Sermon

Professor Gene Lemcio

Silence and stillness follow.

Prayers of the People: Form IV

Presider Let us pray for the Church and for the world.

Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world.

People Lord, in your mercy
Hear our prayer.

Presider Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the common good.

People Lord, in your mercy
Hear our prayer.

Presider Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory.

People Lord, in your mercy
Hear our prayer.

Presider Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us.

People Lord, in your mercy
Hear our prayer.

Presider Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation.

People Lord, in your mercy
Hear our prayer.

Presider We commend to your mercy all who have died, that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom.

People Lord, in your mercy
Hear our prayer.

Open intercessions and thanksgiving are spoken, typed into the CHAT or silent.

A Prayer for Birthdays:

O God, our times are in your hand: Look with favor, we pray, on your servants as they begin another year. Grant that they may grow in wisdom and grace, and strengthen their trust in your goodness all the days of their lives; through Jesus Christ our Lord. Amen.

O Holy One, Open our eyes that we may see. Incline our hearts that we may desire. Order our steps that we may follow that way of your commandments. Amen.

The Peace

The Lord be with you.

And also with you.

Offertory O Master, Let Me Walk with Thee text: W. Gladden; music: H. P. Smith

V. 1 O Master, let me walk with Thee in lowly paths of service free; tell me thy secret; help me bear the strain of toil, the fret of care. V. 3 Teach me thy patience; still with thee in closer, dearer company, in work that keeps faith sweet and strong, in trust that triumphs over wrong.

The Lord's Prayer

And now, as our Savior Christ has taught us, we are bold to say,

Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those
who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.

Prayer for Spiritual Communion

We are the gathered body of Christ walking in this world in Love.
We are the miracle of Love made Flesh.

Prayer Over The People

Grant, most merciful Lord, to your faithful people pardon and peace, that they may be cleansed from sins and serve you with a quiet mind; through Christ our Lord. Amen.

Dismissal

Response **Thanks be to God.**

Postlude Largo - Louis Vierne

Coffee Hour follows this Prayer Service on Zoom link: <https://us02web.zoom.us/j/83946950580>

Music Permissions:

Forty Days and Forty Nights:

Text: George H. Smyttan, 1822-1870, alt.

Tune Heinlein, 7 7 7 7: attr. To Martin Herbst, 1654-1681, Nurnbergisches Gesangbuch, 1676



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