



# Church of the Ascension

February 7, 2020

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**Fifth Sunday After the Epiphany**

*Episcopal Church of the Ascension*

**Follow Christ + Develop and Deepen Faith + Love and Serve**

*Church of the Ascension Seattle rests on the traditional homelands of the Duwamish people. We acknowledge the ancestors of this place and understand that we are here because of the sacrifices forced upon them. By recognizing these communities, we honor their legacy, their lives, and their descendants.*

**Prelude** Lord Jesus Christ, Be Present Now - Johann Walther

*Lord Jesus Christ, be present now, our hearts in true devotion bow, your Spirit send with grace divine, and let your truth within us shine.*

**Welcome to Ascension!**

*Please stand when the bell is rung, signaling the beginning of worship.*

**Opening Acclamation and Collect for Purity**

Presider Blessed are you, holy and living One.

People **You come to the people and set them free.**

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ, and with Christ, and in Christ. Amen.

**Opening Hymn #537 Christ for the World We Sing!, vv. 1, 3**

The image shows a musical score for the hymn "Christ for the World We Sing!". It consists of two systems of music. The first system has four vocal parts (1, 2, 3, 4) and a bass line. The lyrics for the first system are: "1 Christ for the world we sing! The world to", "2 Christ for the world we sing! The world to", "3 Christ for the world we sing! The world to", "4 Christ for the world we sing! The world to". The second system has a single vocal line and a bass line. The lyrics for the second system are: "Christ we bring with lov - ing zeal; the poor, and", "Christ we bring with fer - vent prayer; the way - ward", "Christ we bring with one ac - cord; with us the", "Christ we bring with joy - ful song; the new - born". The music is written in G major (one sharp) and 4/4 time.

them that mourn, the faint and o - ver - borne,  
 and the lost, by rest - less pas - sions tossed,  
 work to share, with us re - proach to dare,  
 souls, whose days, re - claimed from er - ror's ways,  
 sin - sick and sor - row-worn, whom Christ doth heal.  
 re - deemed at count - less cost from dark de - spair.  
 with us the cross to bear, for Christ our Lord.  
 in - spired with hope and praise, to Christ be - long.

## Collect of the Day

*Presider* The Lord be with you.

*People* **And also with you.**

*Presider* Let us pray.

Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. *Amen.*

## The Liturgy of the Word

*All are seated for the reading.*

### First Reading:

**Isaiah 40:21-31**

Have you not known? Have you not heard?  
 Has it not been told you from the beginning?  
 Have you not understood from the foundations of the earth?  
 It is he who sits above the circle of the earth,  
 and its inhabitants are like grasshoppers;  
 who stretches out the heavens like a curtain,  
 and spreads them like a tent to live in;  
 who brings princes to naught,  
 and makes the rulers of the earth as nothing.

Scarcely are they planted, scarcely sown,  
scarcely has their stem taken root in the earth,  
when he blows upon them, and they wither,  
and the tempest carries them off like stubble.  
To whom then will you compare me,  
or who is my equal? says the Holy One.  
Lift up your eyes on high and see:  
Who created these?  
He who brings out their host and numbers them,  
calling them all by name;  
because he is great in strength,  
mighty in power, not one is missing.  
Why do you say, O Jacob,  
and speak, O Israel,  
"My way is hidden from the Lord,  
and my right is disregarded by my God"?  
Have you not known? Have you not heard?  
The Lord is the everlasting God,  
the Creator of the ends of the earth.  
He does not faint or grow weary;  
his understanding is unsearchable.  
He gives power to the faint,  
and strengthens the powerless.  
Even youths will faint and be weary,  
and the young will fall exhausted;  
but those who wait for the Lord shall renew their strength,  
they shall mount up with wings like eagles,  
they shall run and not be weary, they shall walk and not faint.

*Reader* Hear what the Spirit is saying to God's people.  
*People* **Thanks be to God.**

*The Psalm is read responsively.*

### **Psalm 147:1-12, 21c**

Hallelujah!

How good it is to sing praises to our God! \*

how pleasant it is to honor God with praise!

**The Lord rebuilds Jerusalem; \***

**God gathers the exiles of Israel.**

He heals the brokenhearted \*

and binds up their wounds.

**God counts the number of the stars \***

**and calls them all by their names.**

Great is our Lord and mighty in power; \*

there is no limit to his wisdom.

**The Lord lifts up the lowly, \***

**but casts the wicked to the ground.**

Sing to the Lord with thanksgiving; \*

make music to our God upon the harp.

**God covers the heavens with clouds \***

**and prepares rain for the earth;**

God makes grass to grow upon the mountains \*

and green plants to serve mankind.

**He provides food for flocks and herds \***

**and for the young ravens when they cry.**

God is not impressed by the might of a horse; \*

he has no pleasure in the strength of a man;

**But the Lord has pleasure in those who fear him, \***

**in those who await God's gracious favor. Hallelujah!**

**Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.**

*All stand for the Gospel reading.*

## Gospel Acclamation

*arr. Thomas Pavlechko*

Descant

Al - le - lu - ia. Al - le - lu - ia. Al - le - lu - ia.

Al - le - lu - ia. Al - le - lu - ia. Al - le - lu - ia. Al - le - lu - ia.

## The Holy Gospel:

Mark 1:29-39

*Officiant* The Holy Gospel of our Lord Jesus Christ according to Mark.

*People* **Glory to you, Lord Christ.**

After Jesus and his disciples left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

That evening, at sundown, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, "Everyone is searching for you." He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do." And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

*Presider* The Gospel of the Lord

*People* **Praise to you, Lord Christ.**

## Gospel Acclamation

*arr. Thomas Pavlechko*

Descant

The musical score is for a descant of the 'Alleluia' acclamation. It is written in 3/4 time with a key signature of one flat (B-flat). The score consists of three staves: a vocal line (soprano), a piano accompaniment (right hand), and a piano accompaniment (left hand). The vocal line begins with a long note on 'Al' followed by a series of eighth notes for 'le - lu - ia'. The piano accompaniment provides a harmonic and rhythmic foundation, with the right hand playing chords and the left hand playing a steady bass line. The piece concludes with a final chord on 'Al - le - lu - ia'.

Al - le - lu - ia. Al - le - lu - ia. Al - le - lu - ia.

Al - le - lu - ia. Al - le - lu - ia. Al - le - lu - ia. Al - le - lu - ia.

*All are seated for the preaching,*

**Sermon**

**The Rev. Heather Wenrick, Rector**

*Silence and stillness follow.*

## Prayers of the People

Jesus, you are the light of the world:

**May your light open our eyes to see those in need.**

Jesus, you are the light of the world:

**May the works of our lives demonstrate your love.**

Jesus, you are the light of the world:

**May your wisdom enlighten our decisions.**

Jesus, you are the light of the world,

**Hear the prayers of our hearts.**

*Open intercessions and thanksgiving are spoken, typed into the CHAT or silent.*

A Prayer for Birthdays: Tracey Kelly, LaShon Christen, Pat Colby, Chip McElearney

**O God, our times are in your hand: Look with favor, we pray, on your servants as they begin another year. Grant that they may grow in wisdom and grace, and strengthen their trust in your goodness all the days of their lives; through Jesus Christ our Lord. Amen.**

Together, let us pray:

**Creator, inspire our faith.**

**Jesus, our brother, lead us in your way of compassion and justice.**

**Holy Spirit, light our way, so that we may manifest your love and truth  
in each day of our lives.**

## The Confession

Let us confess our sins against God and our neighbor.

*Silence is kept.*

**Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name.**

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

## The Peace

The Lord be with you.

**And also with you.**

## **Offertory Sentence, Anthem**

God of Mercy, God of Grace - text: H. F. Lyte; music: David Evan, *Linnea Olson, soprano*

*God of mercy, God of grace, show the brightness of thy face. Shine upon us, Savior, shine, fill thy Church with light divine, and thy saving health extend unto earth's remotest end. Let thy people praise thee, Lord; be by all that live adored. Let the nations shout and sing glory to their Savior King; let all be, below, above, one in joy, and light, and love.*

## **The Lord's Prayer**

And now, as our Savior Christ has taught us, we are bold to say,

**Our Father in heaven,  
hallowed be your Name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those  
who sin against us.  
Save us from the time of trial,  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.**

## **Prayer for Spiritual Communion**

**We are the gathered body of Christ walking in this world in Love.  
We are the miracle of Love made Flesh.**

## **Blessing**

### **Dismissal**

Go in peace to love and serve the Lord.

Response      **Thanks be to God.**

**Postlude**      Voluntary in G - William Walond

**Coffee Hour** follows this Prayer Service on Zoom link: <https://us02web.zoom.us/j/83946950580>

**Music Permissions:**

**Lord Jesus Christ, Be Present Now - Johann Walther (c. Concordia Publishing House, 1953)**

**Christ for the World We Sing! The Hymnal 1982**

**God of Mercy, God of Grace - The Hymnal 1982**

**Voluntary in G - William Walond (public domain)**



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